

# December Spinning Sample by Jane Rock Costanza

Oh, by the way, Carolyn, Karen, Kathleen, and Judy were right. "It" did happen. Since le Tour de Fleece, I've been happily spinning away on my wheels and never leave home without one of my spindles. "Spindles?" you ask. Of course I've done what any reasonable person would do, and have begun collecting spindles.

Spin like an Egyptian. That's my story and I'm sticking to it.

For others with PTSD (post traumatic spindling disorder) I highly recommend:

*Start Spinning: Everything you need to know to make great yarn.* (either video or book) – Maggie Casey

*Respect the Spindle* (either video or book) – Abby Franquemont

*Drafting: The long and short of it* (video) – Abby Franquemont

*Popular Wheel Mechanics* (either video or book) – Judith MacKenzie

*Gentle Art of Plying* (either video or book) -- Judith MacKenzie

Photos on this page from Jane Rock Costanza. Top: Blue Faced Leicester— 3ply. Middle: BFL. Bottom: Flax singles, BFL— 3ply, Merino singles.

